

Organisation	Website	Phone number	Email	Details
<b>Domestic Abuse - coping</b>				
Leeway	<a href="http://www.leewaysupport.org.uk">www.leewaysupport.org.uk</a>	0300 561 0077		Refuges, telephone, outreach, drop-in (not Breckland or South Norfolk) and other services (see below) Self or agency referrals
Orwell (Haven Project)		0845 467 4876	<a href="mailto:havenproject@orwell-housing.co.uk">havenproject@orwell-housing.co.uk</a>	Refuges, telephone and community support South Norfolk only. Female and male community support. Self or agency referrals
Victim Support	<a href="http://www.victimsupport.org.uk">www.victimsupport.org.uk</a>	0300 303 0165	<a href="mailto:vcu.eastofengland@victimsupport.org.uk">vcu.eastofengland@victimsupport.org.uk</a>	Telephone and face to face support. Norfolk wide. Self or agency referrals
Pandora	<a href="http://www.pandoraproject.org.uk">www.pandoraproject.org.uk</a>		<a href="mailto:referrals@pandoraproject.org.uk">referrals@pandoraproject.org.uk</a>	Kings Lynn and West Norfolk. Agency referral by emailed form (available on website) only. Female and Male
Daisy Programme <b>National Support</b>	<a href="http://daisypyprogramme.org.uk">http://daisypyprogramme.org.uk</a>		<a href="mailto:help@daisypyprogramme.org.uk">help@daisypyprogramme.org.uk</a>	Breckland. Agency referral by form from website or self-referral by email.
Galop	<a href="http://www.galop.org.uk/domesticabuse/">http://www.galop.org.uk/domesticabuse/</a>	0800 999 5428 01945	<a href="mailto:help@galop.org.uk">help@galop.org.uk</a>	Emotional and practical support for LGBT people experiencing domestic abuse.
One Voice 4 Travellers	<a href="http://www.onevoice4travellers.org.uk">www.onevoice4travellers.org.uk</a>	430724	<a href="mailto:onevoice4travellers@hotmail.com">onevoice4travellers@hotmail.com</a>	Gypsy and traveller community support
Respect Mens Advice Line	<a href="http://www.mensadviceline.org.uk">www.mensadviceline.org.uk</a>	0808 801 0327	<a href="mailto:info@mensadviceline.org.uk">info@mensadviceline.org.uk</a>	Telephone, text relay and email support for men

National Domestic Violence  
Helpline

[www.womensaid.org.uk](http://www.womensaid.org.uk)

0808 2000  
247

24/7 Helpline for women. Can provide advice and information to professionals or friends or family. Can provide information about refuges.

Paladin

<http://paladinservice.co.uk>

020 3866  
4107

[info@paladinservice.co.uk](mailto:info@paladinservice.co.uk)

National Stalking Advocacy Service. Service to support victims of stalking. Can provide support within community based targeted response, to victims who are deemed to be high risk. Phone and email can be used for advice and guidance.

Mankind

[www.mankind.org.uk](http://www.mankind.org.uk)

01823  
334244

National confidential helpline for male victims of domestic abuse. Helpline is delivered by trained staff who can offer listening support as well as practical support