

Organisation	Website	Phone number	Email	Details
Domestic Abuse - coping				
Leeway	www.leewaysupport.org.uk	0300 561 0077		Refuges, telephone, outreach, drop-in (not Breckland or South Norfolk) and other services (see below) Self or agency referrals
Orwell (Haven Project)		0845 467 4876	havenproject@orwell-housing.co.uk	Refuges, telephone and community support South Norfolk only. Female and male community support. Self or agency referrals
Victim Support	www.victimsupport.org.uk	0300 303 0165	vcu.eastofengland@victimsupport.org.uk	Telephone and face to face support. Norfolk wide. Self or agency referrals
Pandora	www.pandoraproject.org.uk		referrals@pandoraproject.org.uk	Kings Lynn and West Norfolk. Agency referral by emailed form (available on website) only. Female and Male
Daisy Programme National Support	http://daisyprogramme.org.uk		help@daisyprogramme.org.uk	Breckland. Agency referral by form from website or self-referral by email.
Galop	http://www.galop.org.uk/domesticabuse/	0800 999 5428	help@galop.org.uk	Emotional and practical support for LGBT people experiencing domestic abuse.
One Voice 4 Travellers	www.onevoice4travellers.org.uk	01945 430724	onevoice4travellers@hotmail.com	Gypsy and traveller community support
Respect Mens Advice Line	www.mensadviceline.org.uk	0808 801 0327	info@mensadviceline.org.uk	Telephone, text relay and email support for men

National Domestic Violence
Helpline

www.womensaid.org.uk

0808 2000
247

24/7 Helpline for women. Can provide advice and information to professionals or friends or family. Can provide information about refuges.

Paladin

<http://paladinservice.co.uk>

020 3866
4107

info@paladinservice.co.uk

National Stalking Advocacy Service. Service to support victims of stalking. Can provide support within community based targeted response, to victims who are deemed to be high risk. Phone and email can be used for advice and guidance.

Mankind

www.mankind.org.uk

01823
334244

National confidential helpline for male victims of domestic abuse. Helpline is delivered by trained staff who can offer listening support as well as practical support